

**Parallel Session ISPHE 2020 Schedule
Wednesday, July 22, 2020**

Topic : Health Education (Room A)

Moderator : Mardiana, S.KM, M.Si

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.32	Invited Speaker: Mahalul Azam	Stunting Risk Factors Based on Priority Region in Indonesia: 2018 National Basic Health Survey
13.32-13.37		Discussion
13.37-13.44	Dini Tresnadiani, Argian Rizki Taufik	The Development and Validation of Short Self-Regulation Scale (SSR) on Indonesian College Students
13.44-13.51	Doni Pranata, Widiyanto	The Relationship of Concentration and Accuracy Against Shooting Free Throw Results in High School Students Who Follow Basketball Extracurricular
13.51-13.58	Burhannudin Ichsan	Support and Obstacles for Pregnant Woman Class in Sukoharjo, Indonesia: A Qualitative Study
13.58-14.05	Nur Siyam	Health Cadres in Fighting Dengue Hemorrhagic Fever
14.05-14.15		Discussion
14.15-14.22	Cristinawati B/R Haloho	Giving Combination of Back Massage and Self-Talk on Anxiety Level and Breastfeeding Self-Efficacy in Postpartum Mother
14.22-14.29	Liska Sukiyandari	Professionalism of The High School Physical Education Teachers in The City of Bantul during The Industrial Revolution 4.0
14.29-14.36	Muhammad Azinar, Alfiana Ainun Nisa	Perception of HIV/AIDS Risk Behavior among Students in Central Java, Indonesia
14.36-14.43	Arulita Ika Fibriana	Peer Education: Increased Knowledge and Practice of HIV/AIDS Prevention in Female Sex Workers
14.43-14.53		Discussion
14.53-14.55		Closing

Topic : Health Education (Room B)

Moderator : Arif Rahmat Kurnia, S.Gz, M.PH.

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.32	Invited Speaker: Sri Ratna Rahayu	Community Characteristics in COVID-19 Preventive Precautions
13.32-13.37		Discussion
13.37-13.44	Marlinda Budiningsih	People's Clean and Healthy Behaviors during the COVID-19 Outbreak: A Case Study in DKI Jakarta Province
13.44-13.51	Diah U'um Ulfiah	Description of Knowledge and Eating Behavior of Diabetic Patients in Semarang City
13.51-13.58	Khurotul Aini, Aisyah Kemala	Lecturer in the Covid-19 Pandemic Period at 30 Universities in Indonesia
13.58-14.05	Annisa Septy Nurcahyani	Giving Belly Breathing Technique and Positive Affirmation of Stress and Cortisol Hormone Levels in Third Trimester Pregnant Women
14.05-14.15		Discussion
14.15-14.22	Suastika Nurafiati	Performance of High School Education Teachers in Makassar during The Pandemic Period Of COVID-19
14.22-14.29	Duwi Sulistiani	Correlation between Teenage Nutrition Knowledges in Preventing COVID-19
14.29-14.36	Galuh Nita Prameswari, Arif Rahmat Kurnia	Development of Comprehensive General Nutrition and Nutrition Label Questionnaire
14.36-14.43	Mursid Tri Susilo, Arif Rahmat Kurnia	Feeding Pattern of Under-Five Children during Covid-19 Pandemic
14.43-14.53		Discussion
14.53-14.55		Closing



Topic : Health Education (Room C)
Moderator : Dr. Widya Hary Cahyati, S.KM, M.Kes.

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.29	Septian Williyanto	The Achievement of Physical Education Learning Objectives during Covid-19 Pandemic
13.29-13.36	Bambang Budi Raharjo, Sofwan Indarjo	Policies and Strategies for Reducing Stunting through the Community Empowerment Model
13.36-13.43	Jonni Siahaan, Rif'iy Qomarrullah	Effectiveness of Digital Learning in Primary Schools during COVID-19 Pandemic
13.43-13.50	Anirotul Qoriah, Aftina Nurul Husna	Mental Health Issues during Covid-19 Pandemic: Directions for Future Research
13.50-14.00		Discussion
14.00-14.07	Evi Widowati	Satisfaction Level of School Residents in Implementing a Child Safety System in School
14.07-14.14	Sutini	Socio-Demographic Characteristics Associated with Loss To Follow-up of Antiretroviral Therapy Among HIV and AIDS Patients in Semarang City, Central Java Province: A Case Control Study
14.14-14.21	Najib, Efa Nugroho	Effect of Demographic, Social and Economic Factors on Adolescent Dating and Sexual Sexual Behavior in Indonesia
14.21-14.28	Efa Nugroho, Alfiana Ainun Nisa	Perception Survey and Social Media Exposure in Adolescents during the COVID-19 Pandemic
14.28-14.38		Discussion
14.38-14.40		Closing

Topic : Physical Activity (Room D)
Moderator : Billy Castyana, S.Si, M.A.

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.29	Linda Desrianda Tamher, Giat Akbar Maulana	Physical Activity Trends In Millenial Generation: Kill the Body Fat
13.29-13.36	Aristiyanto	The Relationship between Physical Fitness, Discipline and Motivation of UNNES Security Performance
13.36-13.43	Danang Wicaksono, Furqon Hidayatullah	A Study on the Needs for Guidelines on Part-and-Whole-Based Training for Volleyball Smash Basic Technique
13.43-13.50	Fatona Suraya, Hendi Pratama	Health Promotion, Education and Physical Education
13.50-14.00		Discussion
14.00-14.07	Purwono Sidik Permono	Correlation between Vital Capacity and Cardiovascular Endurance on Professional Soccer Players
14.07-14.14	Wasti Danardani	Improving Prime Skills of Artistic Swimming with Mental Training through Land Drill
14.14-14.21	Andung Maheswara Rakasiwi	Harvard Step Test and Cooper 12 Minute Test on Improvement of Fitness Index (VO ₂ Max) in Basketball Athletes in Pekalongan City
14.21-14.28	Agung Wahyudi, Agus Pujianto	Measuring The Most Effective Spike Position in Volleyball Match
14.28-14.38		Discussion
14.38-14.45	Donny Wira Yudha, Endang Sri Hanani	The Competitive Anxiety (Cognitive, Somatic, Affective, and Motoric) among Martial Art Athletes
14.45-14.52	Wiga Nurlatifa Romadhoni	Sociometry of a Women Handball Team
14.52-14.59	Billy Castyana, Rumini	Measuring Customer Satisfaction on Small-Scale Sport Event (A Case Study of the Sport Event Organizer Subject's Final Project)
14.59-15.05		Discussion
15.05-15.07		Closing

**Topic : Physical Activity (Room E)****Moderator : Dwi Tiga Putri, S.Pd, M.Pd.**

Time	Paper Presenter	Title
13.20-13.22	Opening	
13.22-13.29	Arif Purnomo, Awan Hariono	Self-Confidence due to Ability of Three-Meter Smash in Volleyball
13.29-13.36	Kurdi, Rif'iy Qomarrullah	Performance of Papua Petanque Athletes Facing COVID-19
13.36-13.43	Junaidi	Effect of Areca catechu Extract on Fatigue Index in Swimmers: Running-Based Anaerobic Sprint Test Protocol
13.43-13.50	Nawan Primasoni, Sugiyanto	The Effect of Physical Activity on Body Composition in 9 and 10 Years Old Children
13.50-14.00	Discussion	
14.00-14.07	Mohammad Arif Ali	Delayed Onset of Muscle Soreness and the Activation of the Immune System
14.07-14.14	Ranu Baskora Aji Putra, Tommy Soenyoto	Basic Movement of The Split Leap Rhythmic Gymnastic
14.14-14.21	Mohammad Arif Ali	Blended Learning as The New Innovation in Physical Education Class
14.21-14.28	Heny Setyawati, Didik Rinan Sumekto	Athletes' Stress Determinants when Countering Fear of Failures at Their Training Center Program
14.28-14.38	Discussion	
14.38-14.45	Gemi Candra, Ruli Saepul Hayat	Integrating Leadership into Futsal Training Program for Positive Youth Development
14.45-14.52	Fitri Rosdiana	The Impact of The Implementation of Gradual Run Warming Up toward The Development of The Cardio Endurance Ability
14.52-14.59	Said Junaidi	Exercising in Urban Environment during COVID-19 Pandemic
14.59-15.06	Mohammad Arif Ali	Physical Exercises cause Muscle Damage and Potential Treatments to Increase Range of Motion
15.06-15.16	Discussion	
15.16-15.18	Closing	

Topic : Physical Activity (Room F)**Moderator : Adiska Rani Ditya Candra, S.Pd, M. Pd.**

Time	Paper Presenter	Title
13.20-13.22	Opening	
13.22-13.29	Ricko Irawan, Agus Raharjo	Developing Assessment Model of a Tennis Forehand Stroke as Biomechanics Movement Perspective
13.29-13.36	Fegie Rizkia Mulyana	Effectiveness Test of Tools (Wire Steel) toward Forwarding Somersault Skills
13.36-13.43	Lesmana	Indonesian Pencak Silat Athletes Management
13.43-13.50	Endang Sri Hanani	The effect of Walking Exercise on Physical Fitness and Depression Rate of AJB Community in Semarang
13.50-14.00	Discussion	
14.00-14.07	Hermawan Pamot Raharjo	Physical Growth and Motor Development of 5th Grade Students on Sub-district Pituruh Purworejo
14.07-14.14	Tri Rustiadi, Billy Castyana	Transparency Level Profile of Sports Organizations in Central Java, Indonesia
14.14-14.21	Sahri, Nur Amin	The Correlation between Wind Direction and Wind Speed with The Landing Accuracy Result on Paragliding Athletes
14.21-14.28	Sutopo Patria Jati, Ayun Sriatmi	Student's Compliance In Doing Physical Activities during COVID-19 Pandemic
14.28-14.38	Discussion	
14.38-14.45	Taufikkurrachman, Afif Rusdiawan	The Effect of Cardio and Tabata Exercises on Decreasing Body Fat, Weight and Increasing Physical Fitness
14.45-14.52	Sri Sumartiningsih	The Application of FIFA 11+ Injury Prevention Program on Youth



		Football Club in Semarang City
14.52-14.59	Adiska Rani Ditya Candrai	How to Increase the Athletes Psychological Skills?: Design and Development of Self-talk Guidance for Athletes
14.59-15.09		Discussion
15.09-15.10		Closing

Topic : Applied Technologies for Health (Room G)

Moderator : Yanesti Nur Avianda Lestari, S.Gz, M.Gizi.

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.29	Muslimin	Development of Digital Based Volleyball Service Skill Instrument Models
13.29-13.36	Maryani Setyowati	Development of Health Information System in TB Control Decision Support: Territoriality-Based Approach
13.36-13.43	Suratman	Influence of Puncture Pattern Method on U18 PB Gatra Semarang Badminton Players in 2020
13.43-13.50	Khori Halimah	Effect of Temperature on Spermatozoa Morphology
13.50-14.00		Discussion
14.00-14.07	Mochamad Fajar Permana	Influence of Omega 3 Fatty Acid Consumption on Dysmenorrhea
14.07-14.14	Ida Ayu Putu Dewi Adnya Suwari	The Use of Oxytocin Electrostimulator Corsets as A Preventive Measures of Postpartum Bleeding Potential
14.14-14.21	Arum Siwiendrayanti, Eram Tunggul Pawenang	Analysis of Lymphatic Filariasis Case Distribution for Preparing Environmental Based Elimination Strategy in Brebes Regency, Indonesia
14.21-14.28		Discussion
14.28-14.35	Widya Hary Cahyati, Tandiyo Rahayu	Digital Media Habits among Parent of Preschool Child Aged 2-6 Years in Semarang City, Indonesia
14.35-14.42	Yanesti Nuravianda Lestari, Eko Farida	Analysis of Physicochemical and Sensory Quality of Chia Seeds Sport Energy Gel (<i>Salvia hispanica</i> , L.) during Storage
14.42-15.48		Discussion
14.48-14.50		Closing

Topic : Applied Technologies for Health (Room H)

Moderator : Natalia Desy Putriningtyas, S.Gz, M.Gizi.

Time	Paper Presenter	Title
13.20-13.22		Opening
13.22-13.29	Eram Tunggul Pawenang	Early Detection of Toxic Profenofos Pesticide Exposure in Farmers using Simple Chemicals
13.29-13.36	Novita Sari Harahap	Potential Of The Red Dragon Fruit (<i>Hylocereus polyrhizus</i>) as An Antioxidant Exogen to Increase Catalase in Student Giving High-Intensity Physical Activity
13.36-13.43	Lukman Fauzi	Median Survival of Clinical Condition Improvement Factors among Patients with Type 2 Diabetes Mellitus in Semarang City, Indonesia
13.43-13.50	Setya Rahayu, Natalia Desy Putriningtyas	The Potential of Red Beetroot Powder as an Athlete Supplementation According to Its Organoleptic Properties
13.50-14.00		Discussion
14.00-14.07	Bambang Priyono, Efa Nugroho	Measurement of Exposure to Black Carbon and Heavy Metals on Cycle Paths in Semarang City
14.07-14.14	Hadi, Mustafa Daru Affandi	The Effect of Zinc Oxide Dust and Environmental Conditions of Training Ground on Lung Forced Vital Capacity Conditions of Central Java Weightlifting Athletes
14.14-14.21	Dyah Mahendrasari Sukendra	The Surveillance of Potential Emerging Zoonotic Disease (Coronavirus) in Semarang City
14.21-14.28		Discussion



14.28-14.35	Gustiana Mega Anggita	The Differences of Elementary School Students' Interest on Traditional Games and Online Games
14.35-14.42	Mustafa Daru Affandi, Latifah Rachmawati	Improvement of Laboratory Technician Capability for Prevention of Work Accident using Hazard Identification Risk Assessment and Risk Control Methods
14.42-14.49	Natalia Desy Putriningtyas, Mardiana	Antibacterial Activity of Red Dragon Fruit (<i>Hylocereus</i> spp.) Peel Yogurt Against <i>Bacillus Subtilis</i>
14.49-14.55	Discussion	
14.48-14.50	Closing	

Topic : Applied Technologies for Health (Room I)

Moderator : Bertakalswa Hermawati, S.Psi, M.Si.

Time	Paper Presenter	Title
13.20-13.22	Opening	
13.22-13.32	Invited Speaker: Fajar Awang Irawan	Classification of Arch Height Index and Arcus Pedis to The Agility
13.32-13.37	Discussion	
13.37-13.44	Ucok Hasian Refiater	Development Model For Android-Based Bullet-Bulleted Obraine Styles
13.44-13.51	Agus Amin Sulistiono, Lucia H Winingsih	Development of Fitness Evaluation Alternative Models for Elementary School Students
13.51-13.58	Dian Rohmatika	Education and Reminder Software for Strengthening Anemia Prevention Program in Adolescent Girls
13.58-14.08	Discussion	
14.08-14.15	Irwan Budiono, Arif Setiawan	The Use of Participatory Action Research to Improve Energy Consumption Level in Soccer Athletes
14.15-14.22	Wahyu Ragil Kurniawan, Ipang Setiawan	Developing Mobile Apps Technology to Improve Student Performance in Physical Education
14.22-14.29	Soedjatmiko, Wahadi	Sports Talents Selection of Early-Age Athletes in Central Java using Natural and Scientific Methods
14.29-14.39	Discussion	
14.39-14.46	Dony Tirta Hendriansyah, Billy Castyana	How Difficult Google Classroom is? A Case Study of Blended Learning Method in Physical Education
14.46-14.53	Okta Woro Kasmini Handayani, Arif Rahmat Kurnia	Rice Bran for Diabetes Mellitus Prevention and Snackification
14.53-15.00	Bertakalswa Hermawati	Modeling Associated with Picky Eating Behavior in Stunted Children
15.00-15.08	Discussion	
15.08-15.10	Closing	

Poster Presentation (Room J)

Moderator : Afiana Ainun Nisa, S.KM, M.Kes.

Time	Paper Presenter	Title
13.20-13.22	Opening	
13.22-13.29	Cerika Rismayanthi, Sugiyanto	Validity and Reliability Test of The Physical Exercise Movement Screening to Improve Fitness for The Elderly
13.29-13.34	Discussion	
13.34-13.35	Closing	